* Be very careful, then, how you live
  + Not as unwise but as wise
  + Making the most of every opportunity
    - Because the days are evil
* Therefore do not be foolish, but understand what the Lord’s will is
  + Do not get drunk on wine
    - Which leads to debauchery
  + Instead, be filled with the Spirit
    - Speaking to one another with psalms, hymns, and songs from the Spirit
    - Sing and make music from your heart to the Lord
    - Always giving thanks to God the father for everything
      * In the name of our Lord Jesus Christ
    - Submit to one another out of reverence to Christ
* Introduction – we live in a rushed world
  + Dr. Strange Time loop
    - Keep trying until it works out
    - Go back and take opportunities
    - World is not like that – mistakes are made
  + Red queen’s race
    - World is non-stop
    - World which is degenerating
* Our experience of life highlights the first words powerfully
* **The outer principle**
  + Be very careful how you live
* Principles are all well and good, but what about in practice?
  + Agile principles vs practice?
* **The inner practice**
  + Wisdom
    - OT themes
  + Making the most of every opportunity
* Because the days are evil
* **The inner principle: filled with the spirit**
  + Spirit vs drunkenness
* **The outer practice:**
  + Speaking to one another and singing
    - Together
      * All people that on earth do dwell
        + Written 1551
      * Pliny writing
      * Psalm 95
    - Individually
  + Giving thanks
  + Submitting
* **Conclusion - The purpose: God’s glory**
  + Every opportunity…for what?
  + For believers
  + For non-believers